

PE at Magdalen Gates

A Magdalen Gates sports and games learner has a positive attitude, is a team player and works to improve their physical well being. We deliver a curriculum that allows pupils to reach their own potential physically, mentally, socially and creatively to inspire life long activity and participation in games and sports.



SKILLS

- Physical and practical skills.
- Thinking and problem solving skills.
- Personal and communication skills.
- Health and well being skills.



CONTENT & SEQUENCING

Each Year Group covers the following modules: Invasion Games, Gymnastics, Dance, Strike and Fielding, Athletics, Swimming, Ball Skills, Locomotion, Health Related Exercise and OAA.

Each year we build upon the knowledge and skills developed over the previous year. We make links across disciplines where appropriate.



EXPLICIT & DIRECT INSTRUCTION

- Pupils are taught to match and mirror movements and skills.
- Skills are taught and practised until they could be applied in different situations.
- Objectives are carefully scaffolded using sequenced instructions.



COMMUNICATION & UNDERSTANDING

- Pupils can listen to others ideas and communicate throughout challenges.
- Pupils can collaborate and apply the rules of a game.
- Pupils can take responsibility for each other and understand their role in a team.
- Pupils can evaluate their work, demonstrating an understanding of why particular skills are effective.



ENRICHMENT & WELLBEING

- Pupils continue to try to improve their own performance.
- Pupils show encouragement and respect to their team mates.
- Pupils can manage their emotion when performing.
- Pupils are given wider opportunities to pursue physical activities they enjoy.



PROGRESSION

- Units of work are carefully sequenced so prior knowledge and skills are built upon from previous year groups and units.
- Pupils progress in PE is monitored through Tapestry observations.
- Pupils are given regular and effective verbal feedback to help them to progress.