

MAGDALEN GATES PRIMARY SCHOOL AND NURSERY

NEWS BULLETIN 7th November 2022

Dear Parents,

This week I would like to address the ways that the school endeavours to communicate with all stakeholders, particularly parents and carers, on events in school and the school's priorities for the future. This (newly revamped) newsletter is an important source of information for all parents, and we hope that it is helpful for you. We have condensed it recently from a multi-page document to one side of A4. This means that it should be possible to stick it on the fridge or a noticeboard at home so that you have all of the information that you require. As ever, if you think that something is missing, please let us know. The school website is also a mine of information for parents. This includes our SIDP (School Improvement and Development Plan) which details the actions that the school is taking to constantly improve. To be fully transparent with stakeholders, this document is un-edited so that nothing is hidden. It is a working document, so you would not expect everything to be completed on day one, but you will be able to see how it develops over the year. Finally, I have attached a 'You said... We did' to this newsletter to respond to some recent feedback. I intend to share one every time some significant feedback is received and will be at least once a term. Again, I hope that it is helpful for you.

Mr Hutchinson

Children In Need - From coast to coast, in towns and cities right across the UK, BBC Children in Need is out there making a difference. The amazing projects Children in Need supports helps change the lives of disadvantaged children and young people all over the UK. We know what a tough year this has been and we all need a little colour in our lives so that's why we are going ahead to fundraise for Children in Need. On Friday 18th you can do something and help make a difference by wearing bright clothes and donating £1 towards Children in Need. Thank you everyone. Details on how to donate will be emailed out to you soon.

Reminders

- All children who have asthma should have their inhalers in school every day.
- We are a nut free school. This includes Nutella!
- It is important that all pupils remember their books on their set class library days
- The new lunch menu has now gone live – Please remember lunches need to be ordered in **advance**. The school's kitchen team cook to order. Due to our commitment to reduce waste (in all forms) the kitchen does not have 'spares'.
- School opens from 8:30am. Pupils are expected to be in class by 8:45am for registration. If your child arrives after 9am please ensure they are signed in at the school office
If at all possible, we ask that you make appointments (Doctors, dentists, Embassy) out of school hours. Thank you.

Flu Vaccination Team

The school flu vaccination team will be revisiting school on the 22nd November. Please keep an eye on your emails as we will be forwarding the information for parents to open the portal link for consent. If your child was absent on their last visit and you had previously given consent then your child will receive the nasal spray vaccine which is quick and painless.

School Contact Details

School Office hours – 8:15am – 3:30pm
Telephone 01603 622675

Email Office@magdalengates.co.uk

Out of school club contact –
01603 343881 3.30pm-5.30 pm only

PE Days

Mondays Yr2 & Yr5
Tuesdays Yr1 Yr3 Yr6
Wednesday EYFS, Yr3
Thursday Yr1, Yr2 and Yr4
Friday Yr4, Yr5 and Yr6

Magdalen Gates admission details

The admission round for entry to Reception classes for the School Year 2023-2024 opened on 26th Sept and closes on 15th January 2023.

Upcoming Diary Dates

November

10th – School Photos
11th – Yr3 Rotten Romans
Cinema trip
15th Yr4 Cinema trip
15th-Year 6 visiting Norwich school for a book festival
16th Yr4 – Food Discovery-cooking
18th – Children In Need
22nd – Flu Vaccination Team
Week beginning 28th 2:30-3:30pm every day – Book Fair
Visit

December

6th – 3pm-4pm EYFS & KS1
Christmas performance
7th – School Christmas lunch
8th 9:30-11am KS1 Christmas performance
3:30-4:30pm KS2 Xmas Carols
16th PM - All Yrs Christmas DVD

ATTENDANCE MATTERS

Current whole school attendance up to the end of half term – 96.02%

“You said... We did.”

Dear Parents,

I would like to let you know how we have responded to the feedback that you kindly gave us during the recent parent consultation appointments last week. This will really help us to move the school forward.

This is all part of our desire to *work together to give every child the best*, thank you for your contributions.

You said...

I would like to know more about what my child is learning in school.

I would like to know more about what the Governors and School Leaders are doing to continually improve the school.

We think that special days that are marked by the school should reflect the diversity of the school community.

We did...

Parents invited in to work with their children in class during ‘Week of Inspirational Maths’ workshops.

Phonics workshops planned for the Autumn term.

School improvement focus to be included in the Headteacher’s comment on the newsletter.

School Improvement and Development Plan (SIDP) is shared on the school website.

The school marked Black History Month and Schools’ Pride Week in the last year. Most significant faith days are marked in assemblies. Stakeholder survey to be conducted to review this provision further.

Keep Warm and Well this Winter



**Available for FREE
In all Norfolk Libraries**

Visit your local library to pick up FREE bags of winter essentials

Keep Warm and Well Bag (adult or child)

A bag contains: Gloves, socks, scarf, blanket, hot-water bottle and hat.



Thermal vests on request in a range of sizes to fit adults and children.

Toiletries Bag

Adult bag contains: Deodorant, bodywash, shampoo, toothpaste. Toothbrushes on request.



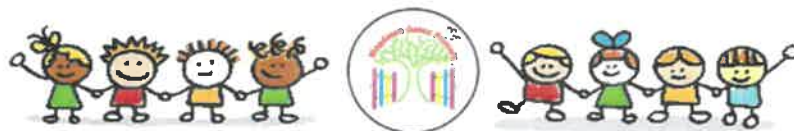
Child bag contains: Shampoo, bodywash, bubble bath, toothpaste. Toothbrushes on request.



Tricky Period

Bag contains: 1 x pack of regular pads and 1 x pack of super or night pads.





Magdalen Gates Primary School

Online Safety Newsletter

November 2022

Anti-Bullying Week 2022

Monday 14th - Friday 18th November

The theme this year is Reach Out. The Anti Bullying Alliance have worked with Kidscape to develop resources to help you support your child:

<https://anti-bullyingalliance.org.uk/anti-bullying-week/parents-and-carers>

Early Years

Is your child online? It's important that devices are set up with age-appropriate parental controls and access is restricted to appropriate apps/content. **We would advise that children only access devices when you are with them.** Sometimes, regardless of what controls we have in place, children may accidentally view inappropriate content so it's important we are around to help them if they do.

The Australian eSafety Commissioner has published a short booklet including advice and guidance on how to navigate the online world with your child. This is aimed at parents/carers with children under the age of 5: <https://www.esafety.gov.au/parents/children-under-5/online-safety-for-under-5s-booklet>



Roblox – updated PEGI rating

PEGI have announced a change to the age rating for Roblox. PEGI used to rate Roblox as 7+, however because of the huge level of user generated content within Roblox, PEGI have changed the rating to a Parental Guidance label (icon shown right). You can read more about this change here: <https://pegi.info/news/pegi-changes-rating-advice-roblox>



www.pegi.info

What is Roblox?

You can either use Roblox to create games or play games that other users have created. **As a lot of the content is user generated, it may mean not all games will be suitable for your child to view/play. It is important to set up Parental controls appropriate to your child.**

Allowed Experiences - NEW

Roblox has introduced Allowed Experiences, which allows you to select age-appropriate experiences, so your child can only join experiences that match their age set. Please note that experiences above the age restriction set may be seen in search results. Age categories available are 9+, 13+ and all ages. You can find out how to set up Allowed Experiences here: <https://en.help.roblox.com/hc/en-us/articles/8863284850196-Allowed-Experiences-Controls>

What should I be aware of?

Chat Facility - Players can chat to each other on Roblox. You can add parental controls to turn this feature off completely or add restrictions.

Virtual Currency - Players can buy Robux (their virtual currency) to buy in-game upgrades or accessories. If you do not want your child to purchase them, then ensure you set the Monthly Spend Restriction to zero.

Game content – as mentioned, games are created by different users so sometimes the content may not be appropriate for your child.

Blocking users and reporting – ensure your child knows how to do this.

What should I do?

- Play the game with your child.
- Explore the parental controls within Roblox and set as appropriate.
- Show your child how to use the Report Abuse system within Roblox to report inappropriate content and how to block other users.

Further information:

- <https://corp.roblox.com/parents/>
- <https://parentzone.org.uk/article/roblox>

Users of this guide do so at their own discretion. No liability is entered into.
Current as of the date released 1.11.22.

Discord

Discord is a social networking app used by gamers to **chat to each other**. There can be in app purchases through Discord's premium subscription service. The minimum age to access Discord is 13. The Apple App store rates it as 17+. Discord is made up of servers, which are spaces for groups to chat, upload files and share images etc. Anybody can set up a server and they can either be public or private. Users can video call and send direct messages to other individuals or groups.

Children who play online games such as Fortnite may use Discord to chat about the game (**rather than the game's own chat facility**).

How can I make it safer?

Discord have created this article, which outlines four steps to creating a safer account, including how to block users.

- <https://discord.com/safety/360043857751-Four-steps-to-a-super-safe-account>

What do I need to be aware of?

We always encourage you to chat to your child to see why they use different apps/websites and ensure that they know how to block users and what to do if they see any inappropriate content. It is important to be aware that Discord does include video/voice calling which cannot be filtered. **Discord is used by an array of users and therefore adult content can be found on Discord as well as inappropriate language.** Discord have produced this article, which answers common questions:

- <https://discord.com/safety/360044149591-answering-parents-and-educators-top-questions>

Further information

- <https://www.childnet.com/blog/what-is-discord-a-guide-for-parents-and-carers>

Social Media Algorithms



Parent Zone have written this article explaining how algorithms work on social media. Algorithms influence what we see on social media platforms and predict what type of content we are most likely to interact with, thereby keeping us online for longer. There are benefits but unfortunately there are negatives, which are outlined in the below article:

<https://www.parents.parentzone.org.uk/>

[morearticles/what-are-social-media-algorithms-and-how-can-they-be-manipulated](https://www.parents.parentzone.org.uk/morearticles/what-are-social-media-algorithms-and-how-can-they-be-manipulated)

Yubo

Yubo is a social network, which you must be over 13 years of age to join **although the App store rate it as 17+**. Those aged 13 to 18 years old must have parental permission and will join a separate Yubo community that is for under-18s. Yubo do use an age-verification system (you must take a photo of your face and then facial age estimation technology is used to check).

You make 'friends' by swiping right on someone's profile picture and if they do the same on yours then you can chat with them or stream live videos. **Due to the nature of this app, your child may come across content that is not appropriate to them.** If your child does use this app, then ensure they know how to use the app's reporting facilities and know how to block other users.

What do I need to be aware of?

Location: Users have the choice to share their location. You can hide/show your location at any time (country will always be visible). Location is disabled for all users under 18.

Live Streaming: - this is when somebody broadcasts live (real time).

Inappropriate Content

YuBucks - Yubo's official Currency, can be used to gain additional functionality.

Guides

Yubo have created the following guides, we would recommend reading them before you allow your child to access this app. If you do not think this app is appropriate for your child, then talk to them and tell them why and what your concerns are.

For Parents: <http://parents-guide.yubo.live/>

For Teens: <http://teens.yubo.live/>

Checklist

SWGfL and the UK Safer Internet Centre in collaboration with Yubo have created this checklist.

<https://saferinternet.org.uk/blog/introducing-the-yubo-social-media-checklist>

Autumn Winter 2022-23

MAGDALEN GATES PRIMARY

Week One Dates 24/10, 14/11, 05/12, 26/12, 16/01, 06/02, 27/02, 20/03

Week 1	'Green Earth Monday'	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	Cheese & Tomato Pizza Slice & Half Jacket Potato	Chinese Chicken, Vegetables & Noodles	Roast Turkey ,Stuffing Roast Potatoes & Gravy	Chicken Burger & Potato Wedges	Fish Fingers & Chips
Vegetarian Main Meal Option	Tomato Pasta	Macaroni Cheese	Roast Veggie Balls, Roast Potatoes & Gravy	Veggie Chilli & Mixed Rice	Cheese & Onion Pastry Roll & Chips
Vegetable Selection	Green Beans Sweetcorn	Garden Peas Carrots	Cauliflower Seasonal Greens	Sweetcorn Mixed Salad	Baked Beans Garden Peas
Jacket Potato Options	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese, Baked Beans or Salmon & Mayonnaise				
Dessert	Vanilla Crunch	Ginger Sponge & Custard	Ice Cream & Fruit	Shortbread Finger & Fruit Wedges	Chocolate Crunch

Week Two Dates 31/10, 21/11, 12/12, 02/01, 23/01, 13/02, 06/03, 27/03

Week 2	'Green Earth Monday'	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	Cheese & Tomato Pizza Slice & Jacket Wedges	Pasta Bolognese	Roast Pork, Roast Potatoes, Stuffing & Gravy	Chicken Meatballs, Tomato Sauce & Mixed Rice	Fish & Chips
Vegetarian Main Meal Option	Tomato Pasta	Tomato & Basil Pasta	Roast Veggie Balls, Roast Potatoes & Gravy	Veggie Burger & Potato Wedges	Macaroni Cheese
Vegetable Selection	Sweetcorn Garden Peas	Green Beans Cauliflower	Carrots Savoy Cabbage	Sweetcorn Carrots	Baked Beans Garden Peas
Jacket Potato Option	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese, Baked Beans or Salmon & Mayonnaise				
Dessert	Oaty Crunchy Biscuit	Shortbread Finger & Fruit Wedges	Jelly & Mandarins	Jam Sponge & Custard	Chocolate Brownie

Week Three Dates 07/11, 28/11, 19/12, 09/01, 30/01, 20/02, 13/03, 03/04

Week 3	'Green Earth Monday'	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	Cheese & Tomato Pizza Slice with Half a Jacket Potato	Chicken Pie with Mashed Potato	Roast Gammon Roast Potatoes, Stuffing & Gravy	Sausage with Potato Wedges	Fish Fingers & Chips
Vegetarian Main Meal Option	Tomato Pasta	Macaroni Cheese	Roast Veggie balls, Roast Potatoes & Gravy	Veggie Mince Pasta Bolognese	Vegetable Korma Curry with Mixed Rice
Vegetable Selection	Mixed Vegetables Garden Salad	Carrots Sweetcorn	Winter Greens Cauliflower	Baked Beans Carrots	Baked Beans Garden Peas
Jacket Potato Options	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese, Baked Beans or Salmon & Mayonnaise				
Dessert	Hob Nob Cookie with Apple Slices	Jelly & Mandarins	Flapjack Finger	Lemon Drizzle Cake	Frozen Toffee Yoghurt

Pick and Mix Selection

Fresh Bread, Salad Bar, Fresh Fruit and Yoghurts Available Daily



NOURISH YOUR CHILD'S INNER SUPERHERO!

Our Food



Edwards & Blake menus are designed to be child friendly, as well as compliant with the Government's school food standards. We use high quality, healthy and nutritious ingredients, prepared fresh on site, on the day of consumption, by suitably trained and child focused employees.



We are launching our new Green Earth Monday to further support our continued commitment to corporate social responsibility. From October 2021, we are reducing animal protein on our menus to assist with the worldwide red meat reduction challenges, with Mondays in Primary schools being Vegetarian based. This will have a huge effect in impacting the CO2 saving so we appreciate your support with this.



Rest assured, at the heart of our service is a compliant menu which contains the correct balance of food and nutrients across the weeks to ensure children continue to have all the goodness they need.

MAGDALEN GATES PRIMARY

Medical Diets and Allergies

If your child has a specific dietary need for a medical reason, we will work with you to create a menu to meet the needs of your child. We have a Medical Diet Procedure to follow, to ensure your child can safely eat with us. If you would like your child to have a school meal we would need to see a medical certificate from your child's consultant. We can then proceed with creating a suitable menu. Please ask your school for the Medical Diet Request form.

Once you have completed it please return to the school along with the Medical evidence, please ensure all details are correct and it has been signed. This will then be passed onto our team of dietitians who will then create a safe menu for your child and implement as soon as possible.

Help your school and yourself - claim free school meals

FREE SCHOOL MEALS

Did You Know

All children in Reception, Year 1 and Year 2 are all eligible for a Universal Infant Free School Meal!

Let **Edwards & Blake** take the pressure off making a pack lunch and let us provide your child with a nutritionally

balanced, hot and delicious lunch, for **FREE!**

You could save yourself time and **£100's** a year by giving up the pack lunch & encouraging them to have a hot meal prepared and cooked fresh on site by us daily!

Why not give it a try tomorrow?!