

MAGDALEN GATES PRIMARY SCHOOL & NURSERY

NEWS BULLETIN 22nd JANUARY 2024

Dear parents and carers,

I am sure that everyone is aware that people (children and adults) tend to get more unwell during the winter months. This is due to a few factors, such as people spending time indoors and sharing germs etc... In school, we have noticed an increase in the number of children who are off school due to illness recently. The common symptoms that are being reported include high temperatures (37.8+ degrees centigrade), cold/covid-like symptoms and sickness too. Whilst we always encourage children to attend school every day and on time, if children are genuinely too ill for school, it is important that they stay at home to get better. If a child has mild cold-like symptoms, they will usually be able to attend school, even if they need to have some Calpol (or similar) beforehand. In school, we will be opening windows more and increasing the cleaning in high contact areas too. Please encourage your child to wash their hands regularly and be vigilant of significant symptoms which would be more concerning so that we can stop them from spreading.

Mr Hutchinson

Year 6 parents

We are running a group called Mind and Mood through the Mental Health Support Team which will run weekly for 7 weeks. Each session will be one hour.

We will cover topics such as:

- What keeps me stuck and starting to make a change?
- Drawing support and catching thoughts
- Thinking traps and challenging thoughts
- Safety Behaviours and doing experiments
- Problem solving, coping, and creating a different relationship with thoughts and feelings.

The aim is to help your child to understand any difficulties they may be experiencing and help them to build a toolkit to feel more confident in managing their anxiety and/or difficult thoughts and feelings.

Please let the Year 6 team, Mrs Demeuzois or Carrie (PSA) know if you are interested on behalf of your child. The sessions will start in February.

Holiday club - Feb half term

Don't forget our holiday club will be open for Feb half term on Tues 20th, Wed 21st and Thurs 22nd Feb this half term.

Bookings can be made via schoolmoney. If your child has not attended the holiday club before please complete a registration form, available on the school website or from the school office.

We offer a full day or a morning session and have lots of fun activities planned.

To find out more please email outofschool@magdalengates.co.uk

Your Contact Details - Reminder

Please always keep us updated with any change of contact details for instance a new mobile number or a change of address. This is not only for safeguarding reasons but also means you receive all important communication from us.

Online Safety Tips -parents/carers

Worried about something online? It's hard to navigate online risks as a parent/carer. You are not alone. The NSPCC are there to help. Visit their website for lots of information and advice on how to keep your child safe online.

Diary Dates

January

22nd – School Football League at The Nest
31st – Yr4 Food Discovery – Winter market

February

1st World of music group to Norwich School – Yr4 & Yr5
5th – Childrens Mental Health week
6th – Safer Internet Day
12th Hearing and Vision screening for EYFS pupils
14th Dental Oral Health Talk to all EYFS & KS1 pupils
16th Last Day before half term
26th – School re-opens
28th – 30th – Yr3/Yr4 How Hill Residential

March

7th – World Book Day – more details to follow
11-15th – Horstead Residential
19th – Yr1 Trip to Bridewell Museum
22nd – School Reports home
27th – School Closes for Easter Break

Punctuality

Please can we ask that all parents/carers ensure their children are in school for 8:45am.

School Contact Details

School Office hours – 8:15am – 3:30pm

Telephone 01603 622675

Email Office@magdalengates.co.uk

Out of school club contact –

01603 343881 3.30pm-5.30 pm only

Whole School Attendance 92.1%