## Magdalen Gates Primary School Spring Summer 24 – Week One 15 Apr, 6 May, 27 May, 17 June, 8

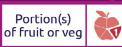




# ly, 19 August, 9 Sept, 30 Sept, 21 Oct

WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	Wholemeal Cheese & Tomato Pizza served with Wholemeal Homemade Jacket Wedges	All Day Pork Sausage Breakfast served with Baked Omelette, Country Diced Potatoes & Baked Beans	Roast Chicken served with Skin on Roast Potatoes & Gravy	Creamy Korma Style Chicken Curry served with Mixed Rice	Friday Fish Fingers served with Chips & Tomato Ketchup
Vegetarian Main Meal	Creamy Vegetable Penne Pasta Carbonara 🎸	All Day Veggie Sausage Breakfast Served with Country Diced Potatoes & Baked Beans	Vegemince & Vegetable Pie (Ve) served with Mashed Potato	Sweet Potato, Spinach & Chick Pea Korma (Ve) Served with Mixed Rice	Cheese Flan Served with Chips & Tomato Ketchup
Halal Option		Halal Chicken Sausage Breakfast served with Baked Omelette, Country Diced Potatoes & Baked Beans	Halal Roast Chicken served with Skin on Roast Potatoes & Gravy	Creamy Korma Style Halal Chicken Curry served with Mixed Rice	
Jacket Potato	Jacket Potato with Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Tuna Mayonnaise or Cheese or Beans
Vegetable Selection	Selection of Daily Vegetables Or Mixed Fresh Salad	Selection of Daily Vegetables	Selection of Daily Vegetables	Selection of Daily Vegetables	Selection of Daily Vegetables
Dessert	Marble Sponge & Custard	Chocolate Shortbread Biscuits (Ve) & Fruit Slices	Iced Banana Traybake	Oat & Raisin Cookie (Ve) & Fresh Fruit Slice	Chocolate Ice Cream

vailable Daily: Pick & Mix Selection, Fresh Bread, Fresh Fruit









#### Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.



### **Magdalen Gates Primary School**





# Spring Summer 24 – Week Two 22 Apr, 13 May, 3 June, 24 June, 15

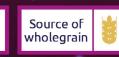
### , 15 July, 5 Aug, 26 Aug, 16 Sept, 7 Oct

	WEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Main Meal Option	Wholemeal Cheese & Tomato Pizza served with Homemade Jacket Wedges	Summer Hot Dog Baguette served with Freshly Made Coleslaw Salad	Roast Chicken served with Skin on Roast Potatoes & Gravy	Beef Bolognese & Penne Pasta	Friday Fish Fingers served with Chips & Tomato Ketchup
	Vegetarian Main Meal Option	Macaroni Cheese	Summer Veggie Sausage Hot Dog Baguette (Ve) Served with Freshly Made Coleslaw Salad	Home Baked Vegetarian Lasagne	Veggie Mince Bolognese & Penne Pasta (Ve)	Cheese & Onion Puff Pastry Roll Served with Chips & Tomato Ketchup
•	Halal Option		Summer Halal Hot Dog Baguette served with Freshly Made Coleslaw Salad	Halal Roast Chicken served with Skin on Roast Potatoes & Gravy	Halal Beef Bolognese& Penne Pasta Segistra	
	Jacket Potato Option	Jacket Potato with Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Tuna Mayonnaise or Cheese or Beans
	Vegetable Selection	Selection of Daily Vegetables Or Mixed Fresh Salad	Selection of Daily Vegetables	Selection of Daily Vegetables	Selection of Daily Vegetables	Selection of Daily Vegetables
	Dessert	Ginger & Mandarin Traybake	Strawberry Jelly (Ve)	Freshly Baked Chocolate Cookie (Ve)	Flapjack Finger With a fresh Fruit Wedge (Ve)	Homemade Shortbread Biscuits (Ve)

Vailable Daily: Pick & Mix Selection, Fresh Bread, Fresh Fruit

Northgate Primary School









#### Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.



**Magdalen Gates Primary School** 





# Spring Summer 24 – Week Three 29 Apr, 20 May, 10 June, 1 July, 22 July

### 12 Aug, 2 Sept, 23 Sept, 14 Oct

WEEK THREE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option 1	Wholemeal Cheese & Tomato Pizza served with Country Diced Potatoes	Farm Assured Pork Sausage Roll with Homemade Skin on Baked Potato Wedges	Roast Chicken served with Skin on Roast Potatoes & Gravy	Sticky BBQ Chicken served with Noodles	Friday Fish Fingers served with Chips & Tomato Ketchup
Vegetarian Main Meal	Mildly Spiced Vegetable Chilli & Rice (Ve)	Cheese & Onion Puff Pastry Roll served with Homemade Skin on Baked Potato Wedges	Savoury Vegetable Mince & Gravy served with a Yorkshire Pudding & Skin on Roast Potatoes	Sticky BBQ Quorn, Vegetables & Noodles	Homemade Cheese & Tomato Pizza Whirl & Chips
Halal Option		Homemade Red Tractor Halal Chicken Sausage Roll with Homemade Skin on Baked Potato Wedges	Halal Roast Chicken served with Skin on Roast Potatoes & Gravy	Halal Chicken & Vegetables served with Noodles	
Jacket Potato Option	Jacket Potato with Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Tuna Mayonnaise or Cheese or Beans	Jacket Potato with Tuna Mayonnaise or Cheese or Beans
Vegetable Selection	Selection of Daily Vegetables Or Mixed Fresh Salad	Selection of Daily Vegetables	Selection of Daily Vegetables	Selection of Daily Vegetables	Selection of Daily Vegetables
Dessert	Baked Apple Sponge served with Custard	Tutti Frutti Jelly and Mandarins (Ve)	Freshly Baked Vanilla Cookie (Ve)	Zesty Lemon Cake	Homemade Flapjack (Ve)

Available Daily: Pick & Mix Selection, Fresh Bread, Fresh Fruit









#### Our desserts meet Public Health England's target for 'free sugar' intake for your child.

3

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.