



## Year 5 Long term Plan 2024-2025

	<b>Autumn 1</b> <b>3-day project</b> <b>7 weeks</b>	<b>Autumn 2</b> <b>7 weeks</b>	<b>Spring 1</b> <b>6 weeks</b>	<b>Spring 2</b> <b>6 weeks</b>	<b>Summer `1</b> <b>5 weeks</b>	<b>Summer 2</b> <b>7 weeks</b>
Visits and/or wider opportunities	<b>Black History Month</b>	<b>Forest School</b> <b>Anti-bullying Week</b>	<b>Children's Mental Health Week</b> <b>LGBT+ month</b>	<b>Science Week</b> <b>World Book Day</b>	<b>Mental Health Awareness Week</b>	<b>Arts Week</b> <b>Norfolk Day of Welcome</b> <b>Diversity Week</b> <b>Norwich School's Pride Week</b> <b>Sports Day</b>  <b>Royal Norfolk Show</b>
DR Texts	Contemporary Fiction  The Miraculous Journey of Edward Tulane (journey)	Historical Fiction: Viking Boy	Classic Fiction  The BFG	Contemporary Fiction  When The Mountains Roared (adventure/mystery)	Contemporary Fiction  Wolf Wilder	Mystery Fiction  Beetle Boy
Writing	The Fantastic Flying Books of Mr Morris Lessmore – Narrative – fantasy	Arthur and the Golden Rope – Joe Todd-Stanton – Narrative – Myth (Vikings)	Lights on Cotton Rock – narrative – Story (Space)  Inviting an author into school – Non-	The creature – Non-Fiction – Newspaper report (Ocean pollution)  The Whale by Ethan and Vita	Gorilla – Anthony Browne – Story  Emperor penguins – Non-fiction – Non Chronological	The Nowhere Emporium – Ross Mackenzie – Mystery



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	Still I Rise – Maya Angelou BHM	Katherine Johnson – Biography (Space)	Fiction – Persuasive letter	Murrow – narrative – Mystery		Refugees – Non – fiction – Speech (Refugee week)
Maths	Maths Mastery  Reasoning with large whole numbers  Integer addition and subtraction  Line graphs and timetables	Maths Mastery  Multiplication and division  Perimeter and area	Maths Mastery  Fractions and decimals  Angles	Maths Mastery  Fractions and percentages  Transformations	Maths Mastery  Converting units of measure  Calculating with whole numbers and decimals	Maths Mastery  2D shape and 3D shape  Volume  Problem solving
Science	Living things and habitats	Forces	Earth and Space	Science Week Materials	Materials	Animals including humans
Geography or History	What is life like in the Alps?	Were the Vikings raiders, traders or something else?	What do oceans matter?	What was life like in Tudor England?	Would you like to live in the desert?	What did the Greeks ever do for us?



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Art/DT	Typography and maps	Mechanical systems: Making a pop up book	Making Monotypes	Textile: Waistcoat	Set design	Cooking and nutrition: Developing a recipe
Computing	Systems and searching How can systems help us online?	Video production What is a video?	Selection in physical computing How do traffic lights work?	Flat file databases How can databases help us?	Vector drawing How many layers make an image?	Selection in quizzes Can programs ask questions?
PE	<p><b>Swimming</b></p> <p><b>Gymnastics</b></p> <p><b>Coordination Ball Skills</b> In 20 seconds or less: Stand with legs apart and move ball in figure of 8 around both legs 12 times Move ball around waist into figure of 8 around both legs 10 times.</p> <p><b>Agility Reaction / Response</b> From 1 metre: React and step across body, bring hand across body and catch tennis</p>	<p><b>Swimming</b></p> <p><b>Dance</b></p> <p><b>Dynamic Balance On a Line</b> Walk fluidly, forwards and backwards, lifting heel to bottom, knees up and heel to toe landing. Lunge walk forwards (heel to bottom, knees up, extend leg, sink hips, heel to toe landing). <b>Counter Balance</b> With a Partner Stand on 1 leg holding with 1 hand, lean back, hold balance and then move back together.</p>	<p><b>Swimming</b></p> <p><b>Gymnastics</b></p> <p><b>Static Balance Stance</b> Raise alternate knees to opposite elbow 5 times. Catch large ball thrown at knee height and above head.</p> <p><b>Coordination Footwork</b> Combine 3-step zigzag patterns with cross-over (swerve) when changing lead leg.</p>	<p><b>Swimming</b></p> <p><b>Static Balance Seated</b> Reach and pick up cone an arms distance away, swap hands and place it on the other side (both directions).</p> <p><b>Static Balance Floor Work</b> Transfer tennis ball on and off back in a front support. Transfer cone on and off tummy in back support.</p>	<p><b>Swimming</b></p> <p><b>Dynamic Balance to Agility</b> Jumping and Landing Jump 2 feet to 2 feet forwards, backwards and side-to-side. Hop forward and backwards, freezing on landing. Jump 1 foot to other forwards and backwards, freezing on landing.</p> <p><b>Static Balance</b> One Leg On both legs: 1. Stand still on uneven surface for 30 seconds. Complete 10 squats into ankle extensions.</p>	<p><b>Swimming</b></p> <p><b>Athletics</b></p> <p><b>Coordination Sending and Receiving</b> Alternately throw and catch 2 tennis balls against a wall.</p> <p><b>Agility Ball Chasing</b> Roll and chase large ball, stopping it with knee sideways onto ball (long barrier position) facing opposite direction.</p>



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	ball after 1 bounce.					
PD	<p>Mental Health and Well-Being</p> <p>Families and People Who Care for Me: Knowing that there are different contexts in which families can be stable and caring</p> <p>NSPCC PANTS Helping Hand</p>	<p>Caring Friendships: Identifying healthy friendships, recognising the skills to manage and maintain healthy relationships</p>	<p>Being Safe: Managing accidental exposure to explicit images and upsetting online content, including who to talk to about what they have seen</p> <p>Changing Adolescent Body: Anticipating how their body may change as they approach and move through puberty.</p> <p>Well Being Wednesday</p> <p>Children's Mental Health Week</p>	<p>Online Relationships /Internet Safety and Harms: Having strategies for keeping safe online, knowing that personal information, including images of themselves and others, can be shared without their permission</p> <p>Mental Well-Being: Anticipating how their emotions may change as they approach and move through puberty</p> <p>Physical Health and Fitness: Pupils understand how taking part in regular physical</p>	<p>Respectful Relationships: Knowing the correct terms associated with gender Identity and sexual orientation, and the unacceptability of homophobic and transphobic bullying. Understanding that this is unacceptable.</p> <p>Drugs, Alcohol and Tobacco: Knowing some key facts and risks associated with smoking, alcohol and drugs*</p>	<p>Health and Prevention: Knowing the importance of good sleep</p> <p>Basic First Aid: Identifying an emergency situation where someone needs help quickly</p> <p>Money and Me: Finders Keepers and Charity Job Week *Careers lessons PSHE Association</p> <p>Road, Sun and Sea Safety</p>



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				activity has lots of benefits to physical and mental health, well-being and their learning		
RE	Why do people have to stand up for what they believe in?	Why doesn't Christianity always look the same?	What happens when we die? (part one)	What happens when we die? (part two)	Who should get to be in charge?	Why are some places in the world significant to believers?
Music	Composition notation (theme Ancient Egypt)	Blues		South and West Africa		Composition to represent the festival of colour (theme Holi Festival)
MFL <b>French</b>	French monster pets		Shopping in France		Verbs in the week	Meet my French family